

2014-2015 Maryland Active Living/Health Eating in School Systems

Please respond to all statements as they applied to your school system during the 2014-2015 school year.

*1. School System:

- | | | |
|--|----------------------------------|---------------------------------------|
| <input type="radio"/> Allegany | <input type="radio"/> Charles | <input type="radio"/> Prince George's |
| <input type="radio"/> Anne Arundel | <input type="radio"/> Dorchester | <input type="radio"/> Queen Anne's |
| <input type="radio"/> Baltimore City | <input type="radio"/> Frederick | <input type="radio"/> St. Mary's |
| <input type="radio"/> Baltimore County | <input type="radio"/> Garrett | <input type="radio"/> Somerset |
| <input type="radio"/> Calvert | <input type="radio"/> Harford | <input type="radio"/> Talbot |
| <input type="radio"/> Caroline | <input type="radio"/> Howard | <input type="radio"/> Washington |
| <input type="radio"/> Carroll | <input type="radio"/> Kent | <input type="radio"/> Wicomico |
| <input type="radio"/> Cecil | <input type="radio"/> Montgomery | <input type="radio"/> Worcester |

*2. Your position in your school system (for the 2014-2015 school year):

*3. Are you the designated official from your school system who ensures school-level implementation of wellness policies?

- Yes
- No

***4. Please provide the name and/or title of the person who ensures school-level implementation of wellness policies or check "not in place" or "don't know" below.**

- Not in Place
- Don't Know
- Name and Title

***5. What is your role in your school system's School Health Council?**

- Lead Role (Chairperson, President, etc)
- 2nd in command (vice-chair, etc)
- Member
- I do not sit on my school system's School Health Council

My School System

***6. How did your school system support school-level wellness teams during the 2014-2015 school year? Check all that apply:**

- Provided training
- Provided a stipend
- Provided technical assistance
- Provided assigned wellness duty
- Collected data
- No system-level support

Other (please specify):

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My School System:

Please check one response for each statement.

Explanation of the Likert Scale:

"Fully in Place" = policy/practice was fully implemented throughout the entire 2014-2015 school year

"Partially in Place" = policy/practice started or was partially implemented during 2014-2015 school year

"Under Development" = a plan is in place to implement this policy/practice in the future

"Not in Place" = there is no plan to implement this policy/practice

*7. My School System:

	Fully in Place	Partially in Place	Under Development	Not in Place	Don't Know
Had a SCHOOL HEALTH COUNCIL that addressed general health and wellness issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Had a SCHOOL HEALTH COUNCIL that focused on healthy eating and physical activity in schools	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COORDINATED services related to healthy eating and physical activity for students	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provided opportunities for TEACHER/ SCHOOL HEALTH PROFESSIONAL INPUT in updating Wellness Policies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provided opportunities for PARENT INPUT in updating Wellness Policies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provided opportunities for STUDENT INPUT in updating Wellness Policies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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"Not in Place" = there is no plan to implement this policy/practice

* 8. My School System:

	Fully in Place	Partially in Place	Under Development	Not in Place	Don't Know
INFORMED THE PUBLIC when Wellness Policies were updated	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Promoted healthy eating and physical activity for STAFF MEMBERS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Encouraged STAFF MEMBERS to model healthy eating and physical activity behaviors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Included "wellness policy implementation" as a STANDING AGENDA ITEM FOR ADMINISTRATIVE MEETINGS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Included "wellness policy implementation" as a STANDING AGENDA ITEM FOR BOARD OF EDUCATION MEETINGS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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*9. My School System

	Fully in Place	Partially in Place	Under Development	Not in Place	Don't Know
Provided schools with TECHNICAL ASSISTANCE TO EVALUATE Wellness Policy implementation in schools	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COLLECTED ANNUAL PROGRESS REPORTS FROM SCHOOLS on school level implementation of wellness policies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COLLECTED DATA FROM SCHOOLS to monitor implementation of wellness policy goals related to NUTRITION GUIDELINES	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COLLECTED DATA FROM SCHOOLS to monitor implementation of wellness policy goals related to NUTRITION EDUCATION/ HEALTH EDUCATION	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COLLECTED DATA FROM SCHOOLS to monitor implementation of wellness policy goals related to PHYSICAL EDUCATION/ PHYSICAL ACTIVITY	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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"Not in Place" = there is no plan to implement this policy/practice

* 10. My School System

	Fully in Place	Partially in Place	Under Development	Not in Place	Don't Know
Provided PUBLIC UPDATES on the IMPLEMENTATION of Wellness Policies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provided schools with FUNDING to support nutrition and physical activity policies/ practices	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provided schools with OTHER RESOURCES to support nutrition and physical activity polices/ practices	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Required the identification of WELLNESS POLICY COORDINATORS IN EACH SCHOOL	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Required the integration of NUTRITION AND PHYSICAL ACTIVITY GOALS into the overall SCHOOL IMPROVEMENT PLAN	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

***11. How frequently does your school system's school health council (or wellness policy leadership team) convene?**

- Monthly
- Quarterly
- Semiannually
- Annually
- Don't Know
- Other (please specify):

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***12. Please indicate the composition of your school system's school health council (or wellness policy leadership group) below: (select all that apply)**

- School Board Members
- Superintendent
- School Administrators
- Representative from the Central Office: Physical Education
- Representative from Central Office: Health Education
- Representative from Central Office: Nurse
- Representative from Central Office: Food Service/School Nutrition Program
- Representative from Central Office: Other (please specify below)
- School Staff: Physical Education
- School Staff: Health Education
- School Staff: Nurse
- School Staff: Food Service/School Nutrition Program
- School Staff: Counseling
- School Staff: Student Services
- School Staff: Other (please specify below)
- Community Members
- Food Service
- Parents
- Students
- Local Health Department
- Community Organizations
- Nurses
- Don't Know
- Other (please specify):

***13. How often do you ASSESS the implementation of the school system's School Wellness Policy?**

- Semiannually
- Annually
- Biannually
- We have not reviewed the implementation of the school system's School Wellness Policy in the past 3 years
- Don't Know
- Other (please specify):

***14. How does the public know about the results of the most recent assessment of wellness policy implementation in your school system (select all that apply)?**

- Website
- Newsletters
- Bulletin board
- Word of mouth
- PTA/Community meetings
- School Board meetings
- Personal invitation
- Email
- We do not have a mechanism in place for notifying the public about our school's wellness activities
- Other (please specify):

***15. How often do you UPDATE the school system's School Wellness Policy?**

- Semiannually
- Annually
- Biannually
- We have not updated the school system's School Wellness Policy in the past 3 years
- Other (please specify):

*16. Who **REVIEWS** your School System's Wellness Policy?

- Committee (i.e. School Health Council, Board of Education)
- Individual (please list in next question)
- External partner/organization
- Other (please specify):

***17. Name of Individual who REVIEWS:**

***18. Who UPDATES your school system's School Wellness Policy?**

- Committee (i.e. School Health Council, Board of Education)
- Individual (provide name in the next question)
- External partner/organization
- Other (please specify):

***19. Name of individual who UPDATES:**

***20. How are potential stakeholders made aware of their ability to participate in the development, review, update, and implementation of your School System's Wellness Policy (select all that apply)?**

- Website
- Newsletters
- Bulletin board
- Word of mouth
- Community meetings
- School Board meetings
- Personal invitation
- We do not have a mechanism in place for notifying potential stakeholders
- Don't Know
- Other (please specify):

Additional Comments

21. Additional Comments:

Thank You!

Thank you for completing the survey!

Click on the link below to access the MSDE Guide to Implementing and Monitoring School Wellness Policies in Maryland:

[Making Wellness Work: One School at a Time](#)